

# Ten Questions to Consider As You Explore Adoption

1. What are my biggest fears regarding adoption?
2. Do/will my close family and friends support my decision to adopt? If not, why?
3. How do I define the concept of family? In other words, what is a family?
4. What personal experience(s) do I have regarding adoption?
5. Does adoption seem “normal” to me?
6. If married, does my spouse have the same ideas about adoption?
7. What have I done thus far to educate myself about adoption?
8. What, if anything, do I feel that I would lose or be “giving up” if I choose to adopt?
9. Why do/would I want to adopt?
10. How do I feel about birthparents? (the biological parents of children who are adopted)

*These questions are designed to help people who are exploring adoption think through some important considerations and ideas relating to the adoption decision process. Please keep in mind that there are no right or wrong answers to these questions.*